

# Gwasanaeth Nyrsio Ysgol

Hyrwyddo a diogelu iechyd a lles

## School Nursing Service

Promoting and protecting health and wellbeing

Rydym yn gweithio gyda phob plentyn oed ysgol a phobl ifanc i helpu i gefnogi iechyd a lles gydol oes. Mae hyn yn cynnwys y rhai sy'n cael eu haddysgu yn y cartref yn ddewisol neu'n mynychu darpariaeth addysg amgen.

We work with all school-aged children and young people to help support lifelong health and wellbeing. This includes those who are electively home educated or attend alternative education provision.

I gysylltu â'r  
Gwasanaeth Nyrsio Ysgol:

☎ 0300 430 7777

To contact the  
School Nursing Service:

☎ 0300 430 7777

Galw heibio wythnosol i gael cyngor a chymorth iechyd mewn ysgolion uwchradd

Weekly drop-in for health advice and support in secondary schools

Gwybodaeth iechyd, cyngor a chefnogaeth am faterion iechyd corfforol a/neu emosiynol

Health information, advice and support about physical and/or emotional health issues

Adolygiad iechyd mynediad ysgol (dosbarth derbyn yn unig)

School entry health review (reception class only)

Sesiynau hybu iechyd ar amrywiaeth o bynciau

Health promotion sessions on a range of topics

Mae'r gwasanaethau'n cynnwys  
Gweladwy, hygyrch, a chyfrinachol

Services include  
Visible, accessible and confidential

Clinig enuresis (gwlychu'r gwely)

Enuresis (bedwetting) clinic

Cyfeirio at wasanaethau eraill am gymorth

Signpost or refer to other services for support

Darparu imiwneiddiadau oedran ysgol arferol yn yr ysgol\*

School based delivery of routine school-aged immunisations\*

### Cysylltiadau defnyddiol:

Dewis Cymru

<https://www.dewis.cymru/>

GIG 111 Cymru

<https://111.wales.nhs.uk/?locale=cy&term=A>

Imiwneiddiadau

<https://icc.gig.cymru/pynciau/imiwneiddio-a-brechlynnau/>

Enuresis (Gwlychu'r gwely)

<https://eric.org.uk/>

Cynllun Gwên

<https://icc.gig.cymru/gwasanaethau-a-thimau/cynllun-gwen/>

### Useful links:

Dewis Cymru

<https://www.dewis.wales/>

NHS 111 Wales

<https://111.wales.nhs.uk/>

Immunisations

<https://phw.nhs.wales/topics/immunisation-and-vaccines/>

Enuresis (bedwetting)

<https://eric.org.uk/>

Designed to Smile

<https://phw.nhs.wales/services-and-teams/designed-to-smile/>

\*Os yw eich plentyn neu berson ifanc yn cael addysg ddewisol yn y cartref neu'n mynychu darpariaeth addysg amgen, gellir trefnu ei imiwneiddiadau arferol trwy eu meddygfa

\*If your child or young person is electively home educated or attending an alternative education provision, their routine immunisations can be arranged through their GP surgery