



Gorllewin Cymru

Gwasanaeth cam-drin domestig

West Wales

Domestic abuse service

Ar gyfer oedolion, plant & phobl ifanc

For adults, children & young people

If you, or someone you know, are experiencing domestic abuse you can contact us now:

CONFIDENTIAL 24 HOUR HELPLINE

Os rydych chi, neu rywun rydych chi'n ei adnabod yn dioddef oherwydd camdrin

domestig. Cyswlltwch â ni nawr:

LLINELL GYMORTH 24 AWR GYFRINACHOL

NORTH CEREDIGION

01970 625585

SOUTH CEREDIGION

01239 615385

www.westwalesdas.org.uk

Registered Charity: 1131539 Company Number: 06926414